

THE STOVE

ME
NU

LUNCH 12.00 - 2.30

SMALL PLATES

SOUP OF THE DAY (VG, GFO) 7
homemade toasted focaccia

**CREAMY GARLIC & TARRAGON
MUSHROOMS (V)** 10
on warm focaccia

**SMOKED SALMON & WARMED
SAMPHIRE** 11
lemon dressing

BUTTERNUT SQUASH RISOTTO 10
(V, GF)
with wilted spinach & Parmesan

**ROASTED MEDITERRANEAN
VEGETABLE & FALAFEL BOWL** 11
with beetroot hummus & seeds

LARGE PLATES

VIETNAMESE PHO GA 13
rice noodles, broth, fresh herbs
& shredded chicken

LINGUINE CARBONARA 13

PAN SEARED SALMON FILLET 15
on a bed of crushed potatoes &
ratatouille

MOUNTAIN BURGER (VG) 14.5
with sweet potato wedges

**SPINACH, SWEET POTATO &
LENTIL DAHL** 13
with naan bread

CALABRESE BURGER 14.5
beef burger, mozzarella, basil,
tomato, with sweet potato
wedges

**SMOKED DUCK & ORANGE
SALAD** 12
with pomegranate dressing

SEARED HALLOUMI SALAD 12
with bulgar wheat & watermelon

If you have a food allergy, or special dietary requirement, please inform a member of staff.
Due to the nature of our business we cannot guarantee the food prepared on these premises are free
from allergenic ingredients.

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BREADS - BROWN/WHITE BLOOMER OR BAGUETTE

CHICKEN, MAYO, LETTUCE, TOMATO	10	WARM GREEK GARLIC & HERB CHICKEN FLATBREAD	12.5
		Oregano flatbread, tzatziki	
BLT	10		
bacon, lettuce, tomato			
TUNA CRUNCH	10	ROASTED MEDITERRANEAN VEGETABLE & FALAFEL FLATBREAD (VG)	12.5
tuna, mayo, celery, cucumber		Sumac flatbread, vegan pesto	
SMASHED AVOCADO, ROASTED VEG & BEETROOT HUMMUS (VG)	9		

SIDES

MARINATED OLIVES	4
TOASTED FOCACCIA WITH BALSAMIC & OLIVE OIL DIP	4
SWEET POTATO WEDGES	4
MIXED LEAF SALAD	4

CHILDREN

PASTA CARBONARA	7.5
HALLOUMI STICKS (V)	7.5
BAKED BEANS ON TOAST (VG)	7.5
PANCAKE WITH BACON & MAPLE SYRUP	7.5

LUNCH BAG	7.5
• with cheese or ham sandwich	
• Pom bears	
• Fruit or cookie	
• juice carton	

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